

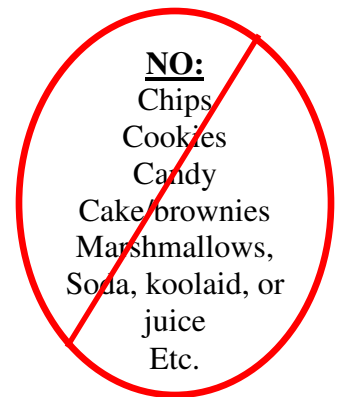
5th Grade Husky SNACK GUIDELINES

Below is an approved snack list. The snack **MUST** be on the list in order for your child to eat it at school. Snack time for all 5th grade classes will be after specials and right before math. If your child brings a snack that is not on the approved list, then they will not be allowed to eat it until lunch.



APPROVED SNACK ITEMS

Fruit/Fruit Snacks
Veggies
Crackers
Pretzels
Granola bars
Dry cereal/Cereal bars/Pop Tarts
Yogurt
Beef Jerky
Nuts
Cheese (cubes, string, etc.)



Also, your child may bring a **plastic** water bottle from home to keep on his or her desk during the day (please no metal bottles). **It must have a secure lid.** Brain research indicates that being hydrated gives students more potential to think clearly. The best way to hydrate is with **pure water** (no flavored drinks, juices, or sodas). Please encourage your child to bring water, as the water fountain is not near the classroom.

